

# Things to See & Do

## *Bras d'Or Lake Scenic Drive: October 10<sup>th</sup>- 16<sup>th</sup>, 2016*



**Kitchen Rackets Open Jam Sessions (19+) | Monday, October 10<sup>th</sup> 2016 – Thursday, October 13<sup>th</sup> 2016 | Bras d'Or Lakes Inn, 10095 Grenville Street, St. Peter's, NS | Tickets \$6 or \$3 with concert ticket stub from that night; Free for players | More Information: <http://celtic-colours.com/workshop/kitchen-rackets-open-jam-sessions/>**

Kitchen Rackets in St. Peter's welcomes players to participate, and listeners to gather around and enjoy a late-night jam session. They have a Celtic twist, but are delighted to incorporate all genres of folk and traditional music into this event, which has become a popular destination for Celtic Colours patrons over the past several years. Session sets up in a circle, going clockwise with each player presenting their own tune or song, and with all the other players backing. It's an acoustic session, but they have travelling mics to feature voices and the presenting player as we go 'round the circle'. Jammers may opt out of presenting and just sit in to back up. All skill levels are welcome and encouraged. Each night's session is hosted by a local artist who will start with a short performance to introduce their own material, and then invite participants into the jam circle. Hosted at the famed Bras d'Or Lakes Inn's Sessions Lounge, there is a cash bar and cabaret-style seating. Jam session begins at 10:45 PM to 1 AM.



**Gentle Warriors | Monday, October 10<sup>th</sup>, 2016 | Sarah Denny Cultural Center, 65 Mini Mall Drive, Eskasoni, NS | Tickets \$30 | More Information: <http://celtic-colours.com/shows/gentle-warriors/>**

Mi'kmaq poet Rita Joe challenged indigenous youth to find their voices, share their stories, and celebrate their talents. "Gentle Warrior" is a song written by students and staff at the Allison Bernard Memorial High School in response to Joe's poem "I Lost My Talk". Since time began, language has been a defining feature in the identity of a people. Saving their indigenous languages is a mission shared by First Nations across Canada, and Gaels in Scotland and Cape Breton. In each case many factors contributed to the erosion and extinction of their language, threatening the very identities of the Gaels and the Mi'kmaq. As these means of expression disappear, thousands of years of knowledge, beliefs, values, and culture hang in the balance. The First Nations community meet some of the gentle warriors from Scotland and Cape Breton who are fighting to be heard in their own languages, expressed through one of humanity's truly universal languages, music. Show begins at 2 PM.



**Baile nan Gàidheal Céilidh | Tuesday, October 11<sup>th</sup> 2016 & Thursday, October 13<sup>th</sup> 2016 | Baile nan Gàidheal / Highland Village, 4119 Highway 223, Iona, NS | Admission Rates: Adults \$11.00 Senior (65+) \$9.00 Child (6-17) \$5.00 Child (5 & under) Free Family (max 2 adults) \$25.00 | More Information: <http://celtic-colours.com/workshop/baile-nan-gaidheal-ceilidh/>**

Join in for a traditional céilidh and listen to stories, songs and music in a period setting at the Highland Village. Refreshments served. The museum where this takes place is located on a stunning 43-acre property overlooking the majestic Bras d'Or Lakes in Iona, Nova Scotia, the heart of central Cape Breton. Event will be held 2:30 PM to 3:30 PM.



**Celtic Colours International Festival 2016**  
\*more Celtic Colours events available online <http://celtic-colours.com/>\*

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**Eilean Briagha: Beautiful Island | Monday, October 10<sup>th</sup> 2016 | Baile nan Gàidheal / Highland Village, 4119 Highway 223, Iona, NS | Tickets \$30 | More Information: <http://celtic-colours.com/shows/eilean-briagha-beautiful-island/>**

The magnificent view from the front doors of the Malagawatch Church, perched atop the hill at the Highland Village in Iona, offers a glimpse of all four counties of Cape Breton and a small sense of the Island's beauty. When the Gaels arrived from the Highlands of Scotland they brought their language and music. The community of Iona is one of the places they settled. Rich in Gaelic heritage, the area has maintained close ties to the Scottish roots of its settlers. The Highland Village, or Baile nan Gàidheal, has played an important role in maintaining that cultural heritage and the Highland Village Society has hosted Celtic Colours concerts since the first year of the Festival. Tonight, local fiddle and guitar-playing brothers Paul, Dan and Shawn MacDonald welcome Gaelic singing Highland Scottish group Cruinn, and Nova Scotian Gaelic singer Joe Murphy as they celebrate the Gaels' legacy of music on this beautiful island. Show begins at 7:30 PM.



**Milling Frolic | Wednesday, October 12<sup>th</sup> 2016 & Friday, October 14<sup>th</sup> 2016 | Baile nan Gàidheal / Highland Village, 4119 Highway 223, Iona, NS | Admission Rates: Adults \$11.00 Senior (65+) \$9.00 Child (6-17) \$5.00 Child (5 & under) Free Family (max 2 adults) \$25.00 | More Information: <http://celtic-colours.com/workshop/milling-frolic-2/>**

Join in for a traditional milling frolic in a period setting at the Highland Village, a living history museum that tells the story of Gaelic settlement in Nova Scotia. Refreshments served. A milling frolic is the process of pounding woven cloth to render the fibre more favourable for use to make garments and blankets. This was a group activity where Gaels gather to sing while working the cloth. The museum where this takes place is located on a stunning 43-acre property overlooking the majestic Bras d'Or Lakes in Iona, Nova Scotia, the heart of central Cape Breton. Event will take place 2:30 PM to 3:30 PM.



**Hike The Hill | Thursday, October 13<sup>th</sup> 2016 | The Lakes Golf Club, 5101 East Bay Hwy 4, Ben Eoin, NS B1J 1P1 | Donation | More Information: <http://celtic-colours.com/workshop/hike-the-hill/>**

Bras d'Or Lake Biosphere Reserve is one of 16 UNESCO designated sites in Canada. Meet naturalists along this hike through semi-wooded trails on top of Ben Eoin hill, overlooking the Bras d'Or Lake. Please register at the Chalet Café when you arrive, prior to starting your hike. Hike will begin at 1 PM to 4 PM



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